

EGD (UPPER ENDOSCOPY) INSTRUCTIONS

Five Days Before the Test: _____

- All aspirin and anti-inflammatory medication including, ibuprofen, Motrin, Aleve, naproxen, Naprosyn, sulindac, piroxicam, Feldene, indomethacin, diclofenac and Voltaren **are to be continued**. Tylenol is also safe to continue.
- If you are taking Coumadin, Plavix (clopidogrel), Pradaxa or other blood thinners please contact our office to determine if and when you need to stop these medications.
- If you are diabetic and use insulin, please contact our office for insulin instructions.
- PLEASE call our office if you have any questions about which medication you should or should not take.

Day of Procedure: _____

1. Have nothing to eat (food) for eight (8) hours prior to the procedure. You may have clear liquids until 4 hours prior to your procedure then nothing by mouth. Take your essential medications as usual. Dentures will be taken out for this procedure so please do not “cement” them in. **Diabetics: please call the office to obtain special instruction regarding your medications.**
2. **NO DRIVING** – Because of the sedatives that you will be given **you cannot drive for the remainder of the day.** You may use a taxi after the procedure (Unless scheduled at St Luke’s. Their facility doesn’t allow cab use for this purpose). You must have someone present to drive you home after the procedure or we may cancel your exam.

You are scheduled with Dr. _____

Report at _____ on _____ to:

_____ Boise Endoscopy Center, 425 West Bannock Street, Boise

_____ Meridian Endoscopy Center, 2235 East Gala Street, Meridian

_____ St. Luke’s Boise Regional Medical Center (Patient Registration), 190 E. Bannock St., Boise

_____ St. Luke’s Meridian Regional Medical Center, 520 S. Eagle Rd., Meridian
(Use the Eagle Road entrance. Check in at Outpatient Registration in main lobby)

***** We cannot be responsible for your valuables. Please leave them at home *****

Check with your insurance company regarding pre-certification. Please bring you insurance cards with you to your appointment.

For questions, call 343-6458 for the Boise office or 887-3724 for the Meridian office.