

EGD (UPPER ENDOSCOPY) INSTRUCTIONS

Five Days Before the Test: _____

- Stop all anti-inflammatory medications including aspirin, ibuprofen, Motrin, Aleve, naproxen, Naprosen, sulindac, piroxicam, Feldene, indomethacin, diclofenac, and Voltaren. Tylenol (acetaminophen) is safe to use in place of the above medications.
- If you are taking Coumadin, Plavix (clopidogrel) or other blood thinners please contact our office to determine if and when you need to stop these medications.
- If you are diabetic and use insulin, please contact our office for insulin instructions.
- PLEASE call our office if you have any questions about which medications you should or should not take.

Day of Procedure: _____

1. Have nothing to eat or drink six (6) hours prior to the procedure. Take your essential medications with enough water to swallow them. Dentures will be taken out for this procedure so please do not "cement" them in. **Diabetics: please call the office to obtain special instructions regarding your medications.**
2. Arrange for someone to drive you home after the procedure.

You are scheduled with Dr. _____

Report at _____ on _____ to:

_____ Boise Endoscopy Center, 425 West Bannock Street, Boise
_____ Meridian Endoscopy Center, 2235 Gala Street, Meridian
_____ St. Luke's Boise Regional Medical Center (Admitting), 190 E.
_____ Bannock St., Boise
_____ St. Luke's Meridian Regional Medical Center, 520 S. Eagle Rd.,
_____ Meridian-Hospital (Use the Eagle road entrance. Check in at
outpatient registration in the main level lobby.)

*****You are going to be sedated; you must bring a driver to take you home.**

Check with your insurance company regarding pre-certification. Please bring your insurance cards with you to your appointment.

For questions call 343-6458 for the Boise Office or 887-3724 for the Meridian Office.

REV 6/09