

# Pre Procedure Medication Guidelines

## Insulin

If you normally have an evening dose of insulin

- In the evening before your procedure, you will take only half of your normal dose. For example, if you take 10 units for your evening dose, you will only take 5 units.
- In the morning on the day of your procedure, you will NOT take any insulin. Once your procedure is completed and you resume a normal diet, you will be able to resume your normal dosing of insulin.

## Insulin Pump

- You will need to monitor your blood sugars more frequently through the day and may need to adjust your insulin accordingly because you will be on a liquid diet.
- If you have further questions please reach out to your endocrinologist or prescribing doctor.

## SGLT2 Medications including but not limited to:

**STOP SGLT2 medications 3 days prior to procedure.**

- Jardiance (empagliflozin)
- Farxiga (dapagliflozin)
- Invokana (cangliflozin)
- Steglatro (ertugliflozin)
- Glyxambi (empagliflozin/linagliptin)
- You may resume your normal dosing after your procedure is completed and you resume a normal diet.
- Synjardy (empagliflozin/metformin)
- Xigduo (dapagliflozin/metformin)
- Qtern (dapagliflozin/saxagliptin)

## GLP-1 Medications including but not limited to:

**STOP GLP-1 medications 7 days prior to procedure.**

### Weekly Injection

- Ozempic (semaglutide)
- Wegovy (semaglutide)
- Mounjaro (tirzepatide)
- Zepbound (tirzepatide)
- Trulicity (dulaglutide)
- Bydureon BCise (exenatide extended-release)
- Retatrutide

### Daily Injection

- Victoza (liraglutide)
- Saxenda (liraglutide)
- Adlyxin (lixisenatide)
- Byetta (exenatide)

### Daily Oral GLP-1

- Rybelsus (oral GLP-1 – semaglutide)

## Dietary instructions

- Most frequent questions are related to "fasting". You are not fasting on the day before your procedure.
- You may have clear liquids. This includes Jello, popsicles, broth, sports drinks, protein water (protein-2-0) or clear premier protein water, any flavor of soda, pulp free orange juice, pulp free lemonade, grape juice, apple juice, tea, coffee (no cream).
- To help blood sugar maintained, having broth or protein water will help carry you through. No RED of any of these fluids. Any other color is fine.

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### Anticoagulants (blood thinners) including but not limited to:

You will receive holding instructions from our office.

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|------------------------|--------------------------|-------------------------|
| • Heparin              | • Effient (Prasugrel)    | • Savaysa (edoxaban)    |
| • Coumadin             | • Eliquis (apixaban)     | • Xarelto (rivaroxaban) |
| • Jantoven (Warfarin)  | • Tricagrelor (Brilinta) | • Edoxaban (Lixiana)    |
| • Plavix (Clopidogrel) | • Pardaxa (Dabigatran)   |                         |

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### Fat-Soluble/Oil Based Vitamins including but not limited to:

**STOP 5 days Prior to Procedure**

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|--------------------|-----------------|
| • Fish/Krill Oil   | • Co Enzyme Q10 |
| • Vitamins E, D, A | • IRON          |

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### Phosphodiesterase inhibitors including but not limited to:

**STOP 24 HOURS prior to procedure**

- Avanafil (Stendra)
- Tadalafil (Cialis, Adcirca)
- Sildenafil (Viagra)

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### Narcotics including but not limited to:

**STOP 4 HOURS prior to procedure**

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|---------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------|
| • Oxycodone (OxyContin, Roxicodone, and Percocet)                   | • Tramadol (Ultram, Ultracet and Ryzolt)                   | • Exalgo                              |
| • Morphine (MS Contin and Kadian)                                   | • Buprenorphine (Sublocade, Belbuca, Probuphine, Buprenex) | • Codeine                             |
| • Fentanyl (Actiq, Fentora, Duragesic, Subsys, Abstral and Lazanda) | • Hydrocodone (Vicodin, Norco, Lortab)                     | • Methadone (Dolophine and Methadose) |
| • Meperidine (Demerol)                                              | • Hydromorphone (Dilaudid and                              | • Oxymorphone (Opana)                 |
|                                                                     |                                                            | • Carfentanil (Carfentanyl, Wildnil)  |

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### Muscle Relaxants including but not limited to:

**STOP 4 HOURS prior to procedure**

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|-------------------------|---------------------------------------------|--------------------------------------------|
| • Carisoprodol (Soma)   | • Methocarbamol (Robaxin)                   | • Baclofen                                 |
| • Metaxalone (Skelaxin) | • Cyclobenzaprine (Flexeril, Amrix, Fexmid) | • Dantrolene (Dantrium, Revonto, Ryanodex) |
| • Tizanidine (Zanaflex) |                                             |                                            |

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### Benzodiazepines including but not limited to:

**STOP 4 HOURS prior to procedure**

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|--------------------------|------------------------------|----------------------------------|
| • Alprazolam (Xanax)     | • Triazepam (Halcion)        | • Clobazam (Onfi, Sympazan)      |
| • Clorazepate (Tranxene) | • Oxazepam                   | • Temazepam (Restoril)           |
| • Lorazepam (Ativan)     | • Chlordiazepoxide (Librium) | • Midazolam (Nayzilam, Seizalam) |
| • Estazolam              | • Diazepam (Valium, Valtoco) |                                  |
| • Quzepam (Doral)        | • Clonazepam (Klonopin)      |                                  |