

Pre Procedure Medication Guidelines

Phentermine and GLP-1 Medications including but not limited to:

STOP 7 DAYS prior to procedure

Weekly Injection

- Ozempic (semaglutide)
- Wegovy (semaglutide)
- Mounjaro (tirzepatide)
- Zepbound (tirzepatide)
- Trulicity (dulaglutide)
- Bydureon BCise (exenatide extended-release)
- Retatrutide

Daily Injection

- Victoza (liraglutide)
- Saxenda (liraglutide)
- Adlyxin (lixisenatide)
- Byetta (exenatide)

Daily Oral GLP-1

- Rybelsus (oral GLP-1 – semaglutide)

Appetite Suppressant

- Phentermine

SGLT2 Medications including but not limited to:

STOP 3 DAYS prior to procedure.

- Jardiance (empagliflozin)
- Farxiga (dapagliflozin)
- Invokana (cangliflozin)
- Steglatro (ertugliflozin)
- Glyxambi (empagliflozin/linagliptin)
- You may resume your normal dosing after your procedure is completed and you resume a normal diet.
- Synjardy (empagliflozin/metformin)
- Xigduo (dapagliflozin/metformin)
- Qtern (dapagliflozin/saxagliptin)

Insulin

If you normally have an evening dose of insulin

- In the evening before your procedure, you will take only half of your normal dose. For example, if you take 10 units for your evening dose, you will only take 5 units.
- In the morning on the day of your procedure, you will NOT take any insulin. Once your procedure is completed and you resume a normal diet, you will be able to resume your normal dosing of insulin.

Insulin Pump

- You will need to monitor your blood sugars more frequently through the day and may need to adjust your insulin accordingly because you will be on a liquid diet.
- If you have further questions please reach out to your endocrinologist or prescribing doctor.

Anticoagulants (blood thinners) including but not limited to:

You will receive holding instructions from our office.

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| • Heparin | • Effient (Prasugrel) | • Savaysa (edoxaban) |
| • Coumadin | • Eliquis (apixaban) | • Xarelto (rivaroxaban) |
| • Jantoven (Warfarin) | • Tricagrelor (Brilinta) | • Edoxaban (Lixiana) |
| • Plavix (Clopidogrel) | • Pardaxa (Dabigatran) | |

Fat-Soluble/Oil Based Vitamins including but not limited to:

STOP 5 DAYS prior to procedure

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| • Fish/Krill Oil | • Co Enzyme Q10 |
| • Vitamins E, D, A | • IRON |

Phosphodiesterase inhibitors and Stimulants including but not limited to:

STOP 24 HOURS prior to procedure

Phosphodiesterase Inhibitors

- Avanafil (Stendra)
- Tadalafil (Cialis, Adcirca)
- Sildenafil (Viagra)

ADHD/Stimulants

- Adderall
- Vyvanse

Narcotics including but not limited to:

STOP 4 HOURS prior to procedure

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| • Oxycodone (OxyContin, Roxicodone, and Percocet) | • Tramadol (Ultram, Ultracet and Ryzolt) | Exalgo |
| • Morphine (MS Contin and Kadian) | • Buprenorphine (Sublocade, Belbuca, Probuphine, Buprenex) | • Codeine |
| • Fentanyl (Actiq, Fentora, Duragesic, Subsys, Abstral and Lazanda) | • Hydrocodone (Vicodin, Norco, Lortab) | • Methadone (Dolophine and Methadose) |
| • Meperidine (Demerol) | • Hydromorphone (Dilaudid and | • Oxymorphone (Opana) |
| | | • Carfentanil (Carfentanyl, Wildnil) |

Muscle Relaxants including but not limited to:

STOP 4 HOURS prior to procedure

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| • Carisoprodol (Soma) | • Methocarbamol (Robaxin) | • Baclofen |
| • Metaxalone (Skelaxin) | • Cyclobenzaprine (Flexeril, Amrix, Fexmid) | • Dantrolene (Dantrium, Revonto, Ryanodex) |
| • Tizanidine (Zanaflex) | | |

Benzodiazepines including but not limited to:

STOP 4 HOURS prior to procedure

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| • Alprazolam (Xanax) | • Triazoam (Halcion) | • Clobazam (Onfi, Sympazan) |
| • Clorazepate (Tranxene) | • Oxazepam | • Temazepam (Restoril) |
| • Lorazepam (Ativan) | • Chlordiazepoxide (Librium) | • Midazolam (Nayzilam, Seizalam) |
| • Estazolam | • Diazepam (Valium, Valtoco) | |
| • Quzepam (Doral) | • Clonazepam (Klonopin) | |